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2531 '00 September 18th, 2000

Office of Special Nutritionals Center for Food Safety and Applied Nutrition Food and Drug Administration 200 C Street, SW (HFS-450) Washington, D.C. 20204

Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Essential Oils supplement under one or more of the following brand names: American Health, Body Fortress, Good 'N Natural, Health's Finest, Heartland, Hudson, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Precision Engineered, Puritan's Pride, US Nutrition, Vitamin World:

- Alpha-linolenic acid (ALA) and linoleic acid (LA), two essential fatty acids necessary for proper functioning, aren't made by the body and can only be obtained through diet.
- Borage oil is a rich source of gamma-linolenic acid (GLA) which helps regulate a variety of important functions in the body.
- EPA helps maintain healthy circulation.
- DHA plays an important role in the brain, eyes and nervous system.
- These three oils provide diverse benefits for your overall health.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD

Director of Nutrition Communications

Let 5961 730/pt

975-0162